Meyers-Briggs Jung Typology Test

Mom & Daughter

(1875-1968)

(1897-1980)

"They wanted to enable individuals to grow through an understanding and appreciation of individual differences in healthy personalities and to enhance harmony and productivity in diverse groups. " (The Myers &Briggs Foundation)

Her Life and Her Work

- Isabel was the daughter of a Child Psychologist.
- O This led to her curiosity in understanding Human Nature.
- O Graduate of Swathmore College
- She observed differences in personality among healthy effective people in the world around her and became determined to understand and describe the origin of and the reasons for the differences.
- O 1923, she read C.G. Jung's *Psychological Types*
- She and her mother, Katherine, decided his ideas were so powerful that they could help people make better life choices and use individual differences in constructive ways.
- The rest of her life was focused on studying the works of Jung and striving to bring the potential benefits of knowing and applying his ideas to the world.
- O Two Decades of 'Type Watching"

MBTI

- After several years of adding her own observations to those of Jung, Isabel Myers, a graduate of Swarthmore College, began creating a paper-and-pencil questionnaire to assess type.
- The MBTI[®] instrument was developed over the next three decades as research was collected from thousands of people. Research on the MBTI instrument has continued into the present, with dozens of articles published each year.
- The mission of Isabel Myers in the second half of her life was to accomplish what she saw as a foundation piece of her mother's vision. This meant giving individuals access to and understanding of their Jungian preferences.
- In 1975, Consulting Psychologists Press, Inc. (now called CPP, Inc.) began publishing the MBTI instrument for practical applications instead of only for research.

Myers-Briggs Type Indicator

- Describes differences in how people approach the world, take in information, and make decisions, it relates to situations people encounter every day.
- Development and applications of psychological type are founded on the idea that understanding your type can help you
 - (a) appreciate your own strengths, gifts, and potential developmental needs, and
 - (b) help you understand and appreciate how other people may differ from you.

The identification of basic preferences of each of the four dichotomies specified or implicit in Jung's theory.

- O Guide to the Development and Use of the Myers-Briggs Type Indicator[®]
- O Favorite world: Do you prefer to focus on the outer world or on your own inner world? This is called <u>Extraversion (E) or Introversion (I)</u>.
- O **Information:** Do you prefer to focus on the basic information you take in or do you prefer to interpret and add meaning? This is called Sensing (S) or Intuition (N).
- O **Decisions:** When making decisions, do you prefer to first look at logic and consistency or first look at the people and special circumstances? This is called <u>Thinking (T) or Feeling (F)</u>.
- **Structure**: In dealing with the outside world, do you prefer to get things decided or do you prefer to stay open to new information and options? This is called Judging (J) or Perceiving (P).
- O Your Personality Type: When you decide on your preference in each category, you have your own personality type, which can be expressed as a code with four letters.

16 Personality Types

ISTJ	ISFJ	INFJ	СТИІ
ISTP	ISFP	INFP	INTP
ESTP	ESFP	ENFP	ENTP
ESTJ	ESFJ	ENFJ	ENTJ

The goal of knowing about personality type is to understand and appreciate differences between people. As all types are equal, there is no best type.

Take the Test!

Fun with MBTI





More...

Who's your character? STAR WARS personality chart





The Inspector



The Crafte





The Promote

EST

Darth Vader The Supervisor

SFP ail Organa The Artist

The Perfo

lar Binks

The Provide

The Pro

The Idealist

hi-Wan Kench

ke Skywalker

ENFF

-Gon Jinn

dme Amidala

The Giver

The Co

The Architec



The Mast

The Champion



The Executive

Elephant Kobot MVFRS RIGGS ISTJ ISFJ INFJ INTJ INTP ISTP ISFP INEP Hank Pym ENFP ESTJ ESFJ ENFJ ENTJ www.elephantrobot.com

www.geekinheels.com



