

Name: \_\_\_\_\_

## Baby Book- the First Year of Life!

You will design and create a baby book that discusses many aspects of personal development during the first year of life. Follow the guidelines below, in exactly the same order, to create your baby book. This is a creative assignment. Your baby book should contain NOT ONLY personal and factual information but also decorations unique to your personality. Some pages require a pictures. All other pages need to include clip art, drawings, stamps, or stickers. NUMBER the page in the bottom coren to correspond with the page number below.

\_\_\_\_\_ **Creative Cover:** \_\_\_\_\_

**Page 1 Letter to Future Child-** \_\_\_\_\_

(3 paragraphs 5 sentences minimum each)

**Page 2 It's a.... :** \_\_\_\_\_

Must include a sonogram and a picture of the expecting mom

**Page 3 Birth Certificate:** \_\_\_\_\_ (teacher supplied)

**Page 4 New Baby Checklist:** \_\_\_\_\_

Teacher supplied worksheet

**Page 5 Delivery Options:** \_\_\_\_\_

3 paragraph story about the birth of your child. Must include who delivered the baby, where the baby was born, HOW the baby was delivered and why you chose that method. (5 sentence minimum each)

**Page 6 Name Given:** \_\_\_\_\_

First and Middle name - origin and meaning

Newborn picture and Physical Appearance: Height, weight, eye color, hair color. ( 95% of full-term newborns are 18-22 inches and 5.5-10 pounds)

**Page 7 First Feedings:** \_\_\_\_\_

Breastfeeding vs Formula vs Combination. 3 advantages and 3 disadvantages of both. Which do you choose and why?

**Page 8 Introducing New Foods:** \_\_\_\_\_

Self feeding how to - page 274 - Self feeding tips/ safety - page 275

Baby's favorite and least favorite foods.

